BPH*Curates*: Child and Adolescent Health and Social Resources

Targeted Resources on Food Insecurity, Behavioral Health, Oral Health,
Staffing Shortages, and Telehealth to Support Child and Adolescent Health

The Bureau of Primary Health Care (BPHC) invests in targeted training and technical assistance (T/TA) to support health center clinical, operational, and fiscal excellence. To increase awareness and utilization of the T/TA resources developed by BPHC-funded T/TA providers, BPHC staff have identified targeted (T/TA) resources, recognizable under the BPH*Curates* brand, that curate T/TA resources for in-demand topics.

This resource packet provides health centers with resources to develop processes for improving service delivery and outcomes for children and adolescents, specifically related to telehealth, food insecurity, mental and behavioral health, oral health, and staffing shortages and retention. In addition, links to general child and adolescent health center technical resources are provided.

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Telehealth

Resource Link and Author Organization	Description	Resource Highlights
School-Based Telehealth Playbook Author: School-Based Health Alliance	This toolkit guides health centers through the design, implementation, and operation of a telehealth program that meets the needs of children and adolescents.	• Includes essential components for school-based telehealth start-ups and key considerations from health centers across the country. • Provides a resource for each planning stage.
Environmental Scan of Telehealth Resources Author: National Association of Community Health Centers	A curated list of the top telehealth technical assistance resources for health centers interested in implementing, operating, expanding, or sustaining a telehealth program.	• Provides resources across eight key areas of telehealth including access, data, patient engagement, and financial models.
Telehealth Strategies to Improve Pediatric Immunization Author: HITEQ Center	This webinar presents the use of digital technologies to promote vaccinations and patient-centered communication strategies (e.g., text messaging) for the surveillance of vaccine-preventable diseases and adverse events.	• Provides an overview of studies on how different types of texting campaigns can improve pediatric vaccination rates for a range of vaccine types.
You may also be interested in the User Guide for Teledentistry in the oral health section of this resource packet.		

Food Insecurity

Resource Link and Author Organization	Description	Resource Highlights
Strategies for Supporting Health Center Patients Experiencing Food Insecurity Author: Community Health Center, Inc	This resource is designed to support health center efforts to identify and assist patients who are experiencing food insecurity by providing strategies for embedding social determinants of health (SDoH) into the electronic health record screening efforts.	The downloadable guide is split into the following sections: • Integrate your screening strategy into your EHR workflow-- several case studies are included. • Select a standardized tool to identify food insecurity-- several tools with their related EHR integration and workflow considerations are outlined. • Monitoring food insecurity among patients-- tips about coding and dashboarding are provided Connecting patients to available resources.
Food Insecurity: The Digital Transformation in Social Determinants of Health Author: Community Health Center, Inc	This webinar highlights food insecurity as an important public health concern and offers guidance for streamlining the screening and SNAP enrollment process.	• Provides U.S. statistics on food insecurity before and after the COVID pandemic. • Provides technology solutions for connecting patients experiencing food insecurity to appropriate resources and programs, such as SNAP.
Social Determinants of Health for Public Housing Residents: Access to Healthy Food Author: HITEQ Center	This publication covers food insecurity among public housing communities and highlights multiple community-level nutrition initiatives for addressing food insecurity.	• Identifies the prevalence of social factors and population health indicators that affect public housing residents. • Intended for non-clinical health center staff, decision-makers, and public housing stakeholders.

Mental and Behavioral Health

Resource Link and Author Organization	Description	Resource Highlights
National Quality Initiative for School Health Services School Mental Health Planning for the 2020-21 School Year During COVID-19 Author: School-Based Health Alliance	This video instructs school-based health centers and school mental health systems of strategies to adopt, report, and improve standardized mental health performance measures.	• Provides an overview of core features of a comprehensive school mental health system. • Describes the School Health Assessment and Performance Evaluation System (SHAPE). • Describes quality domains of national school mental health quality assessment. Link to PowerPoint Slides
Homelessness & Adverse Childhood Experiences Author: National Health Care for the Homeless Council (NHCHC)	This factsheet aids clinicians who work with people experiencing homelessness understand the role of Adverse Childhood Experiences (ACEs) in health outcomes as well as trauma informed options for responding.	• There are a variety of tools available to assess for adverse childhood experiences. • Resources on positive parenting, nurse-family partnership, and trauma-focused cognitive behavioral therapy are also included.
Health at the Intersection of Body Image, Identity, and Development: LGBTQIA+ Children and Youth Author: National LGBTQIA+ Health Education Center	Webinar reviewing the relationship of body size vs. the overall health of the body for LGBTQIA+ youth and how health centers can support LGBTQIA+ children and youth in developing a healthy perception of their bodies.	• Resources offer health centers strategies that support LGBTQIA+ children and youth develop a healthy perception of their bodies. • Strategies for providing, or referring to affirming services for LGBTQIA+ youth, including patients experiencing body dysmorphia and/or dysphoria.

Resource Link and Author Organization	Description	Resource Highlights
Gender-Affirming Pediatric Care Toolkit Author: National LGBTQIA+ Health Education Center	Toolkit to assist medical and behavioral health providers who are either starting on their journey in gender-affirming care for transgender and diverse (TGD) children are looking to refresh or further their learning and ability to create safe, supportive, affirming health care experiences for TGD children and adolescents.	Resources to help health centers understand core language, ideas, and health needs of transgender and diverse children and adolescents, and how to address these needs through practices like implicit bias training and trauma-informed care.

Oral Health

Resource Link and Author Organization	Description	Resource Highlights
NNOHA Operations Manual: Workforce Chapter V2 Author: National Network of Oral Health Access	This chapter provides helpful tools and resources for tackling issues related to health center oral health workforce development. Topics include recruitment and retention of oral health team members, staffing ratios, and strategies to decrease burnout.	• Provides a dual focus on oral health and workforce, including strategies for supporting the professional and personal development of oral health staff. • Strategies include motivating staff through incentives, combating burnout, and encouraging continuing education opportunities.
Dental Leadership Burnout After 5 Months of COVID-19: A Safe Space to Share and Support Author: National Network for Oral Health Access	This webinar provides dental program leadership with coping strategies to manage burnout and stress.	Participants share their experiences and offer suggestions for handling burnout and various forms of stress, recommend tools and actions to combat burnout, and promote self-care.

Resource Link and Author Organization	Description	Resource Highlights
User Guide for Teledentistry Author: National Network for Oral Health Access	Designed for health center dental professionals, the aim of this User's Guide is to assist health centers in implementing teledentistry to increase access to dental services.	This guide offers practical tools for implementing teledentistry: • Promising practices from the field • Tools needed to build the capacity of dental strategies • Tips to make teledentistry a sustainable part of dental practices • Summary of the ever-changing landscape of federal and state policy. • Introduction to NNOHA's Teledentistry Learning Collaborative

Staffing Shortages and Retention

Resource Link and Author Organization	Description	Resource Highlights
Going Where The Kids Are: Starting, Growing and Expanding School Based Health Centers Author: Community Health Center, Inc	This webinar addresses the benefits, challenges, and strategic advantages of a school-based health center program from a clinical, data, quality, operational, communications, and community engagement perspective. Experts will offer strategies for integrating oral health and behavioral health to ensure the best outcomes for patients.	The webinar explains benefits of school-based health, including the provider perspective as framework for developing school-based health recruitment materials.

Introducing the Organizational Leadership and Resiliency Toolkit Author: Association of Clinicians for the Underserved in collaboration with National Health Care for the Homeless Council (NHCHC)	A webinar reviewing resiliency in response to stress and trauma in the health center workforce.	Toolkit materials support the health and wellbeing of health center staff as a retention tool for staff experiencing burnout.
Lessons Learned in Training School-Based Health Center Staff to Prevent and Address Adolescent Relationship Abuse | Health Center Resource Clearinghouse Author: School-based Health Center Alliance	A webinar to support teams interested in offering structured learning opportunities designed to strengthen the capacity of SBHC staff to prevent and respond to adolescent relationship abuse and human trafficking. American Sign Language and Spanish interpretation of the webinar is provided.	This training offers resources and guidance to address adolescent relationship abuse prevention and youth-centered healthy relationship promotion.

Additional Child and Adolescent Health Center Technical Assistance Resources

Children and Youth with Special Health Care Needs

National Center for Health Insurance and Financing for Children and Youth with Special Health Care Needs (CYSHCN)

The Catalyst Center promotes universal, continuous, and affordable coverage for all CYSHCN; closes benefit and financing gaps; promotes payment for additional services; and builds sustainable capacity to promote financing of services. In addition, the national center provides support and technical assistance to state Title V programs and their partners to maximize access for CYSHCN to health insurance and other relevant services and to other innovations in health care reform and the financing of health care delivery.

https://ciswh.org/project/the-catalyst-center/

General Resources

TA Library Child and Adolescent Health Resources

This is a compilation of 28 HRSA-funded resources to support child and adolescent health. Resources contained in this library pertain to telehealth, food insecurity, behavioral and oral health, and health staffing shortages.

www.hrsa.gov/library/child-and-adolescent-health

Data Resource Initiative for Child and Adolescent Health

The Data Resource Initiative for Child and Adolescent Health (DRC) advances the effective use of public data on the status of children's health and health-related services for children, youth, and families in the United States. The DRC provides access to national, state, and regional data from large population-based surveys including the redesigned National Survey of Children's Health (NSCH).

www.childhealthdata.org

LGBTQIA+ Youth

Health Partners on IPV + Exploitation (Futures Without Violence)

Nearly 1 in 11 female and approximately 1 in 14 male high school students report having experienced physical dating violence in the last year. To prevent violence from occurring in the first place, Health Partners invests in prevention strategies that promote healthy relationships among teens and young adults. Adolescents, especially LGBTQIA+ youth, may also become involved in the sex trade or experience human trafficking as a means of survival to pay for food, shelter, gender-affirming medical care, etc. Health Partners equips adolescent health care providers with the tools and resources needed to counsel young patients about healthy relationships and to assess for and respond to dating violence.

Adolescent Health – Health Partners on IPV + Exploitation (healthpartnersipve.org)

Additional Child and Adolescent Health Center Technical Assistance Resources (continued)

Oral Health

Center for Oral Health Systems Integration and Improvement

This national program provides training and technical assistance to state Title V MCH Block Grant programs and oral health Special Projects of Regional and National Significance (SPRANS) award recipients. The program establishes national Maternal and Child Health oral health quality indicators for monitoring oral health care delivery within existing systems of care. Finally, evidence translated into practice by developing and disseminating action-oriented educational resources for systems integration and workforce development.
www.mchoralhealth.org/cohsii/

National Maternal and Child Oral Health Resource Center

The National Maternal and Child Oral Health Resource Center provides maternal and child health professionals, training, and resources to increase oral health access and services for pregnant women, infants, children, and adolescents, including those with special health needs, and their families. www.mchoralhealth.org

School-Based Resources

Collaborative Improvement and Innovation Network on School-Based Health Services

This national program improves the quality of school-based health centers and comprehensive school mental health systems and strengthens the sustainability and growth of these evidence-based models of school-based health services.
http://csmh.umaryland.edu/Our-Work/Training--Technical-Assistance/

School-Based Health Alliance

School-Based Health Alliance provides training and technical assistance that strengthens health centers' capacity to address the unique health needs of school-aged children and improve the health outcomes of underserved youth, particularly in school-based health centers.
http://www.sbh4all.org/

Additional Child and Adolescent Health Center Technical Assistance Resources (continued)

Staffing Shortages and Retention

National MCH Workforce Development Center

The MCH Workforce Development Center advances workforce development for State Title V program leaders and staff to meet current public health MCH policy and programmatic imperatives around health transformation, including ongoing transformation of the Title V Block Grant. The National Maternal and Child Health Workforce Development Center offers Title V leaders and their partners, training, collaborative learning, coaching and consultation in implementing health transformation using a variety of learning platforms.

http://mchwdc.unc.edu/

Health Center Resource Clearinghouse

The Health Center Resource Clearinghouse is an online "one-stop shop" where health center staff can access a vast collection of training and technical assistance resources and promising practices to support the delivery of high-quality, cost-effective, and innovative operations. Link is to search results for "child and adolescent health".

Resource Search Results | Health Center Resource Clearinghouse (healthcenterinfo.org)